





Chapel Street
Community Primary School

Physical Education Policy

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Signed by Headteacher	Ella Hughes	
Signed by Chair of Governors	Tim Wheeler	

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Main amendments as part of this review / update	<ul style="list-style-type: none"> Updated with changes to whole school Curriculum.
Links to statutory guidance	<ul style="list-style-type: none"> Statutory framework for the early years foundation stage: Setting the standards for learning, development and care for children from birth to five The National Curriculum in England – Key Stages 1 and 2
Links to non-statutory guidance	<ul style="list-style-type: none"> The Key – model policy advice https://www.oxford-grove.bolton.sch.uk/information/curriculum/ Model policy
Other documents / resources used in the writing of this policy	<ul style="list-style-type: none"> N/A
Related policies	<ul style="list-style-type: none"> Teaching and Learning Policy Feedback and Marking Policy Assessment Policy SEND policy



Vision & Missions statement

Making a difference and achieving excellence for every child.

School values

- Growth – *We go beyond what is expected to continually improve standards and deliver ambitious outcomes.*
- Respect – *We do the right thing for our children.*
- Inclusion – *We care about people as individuals.*

You can find out more about school on our website: <https://www.chapelstreetprimary.co.uk/>

If you have any questions about the content of this policy:

- If you are a member of staff – speak with your line manager or a member of the leadership team
- If you are a parent / carer – contact the school office on 0161 224 1269
- If you are another interested party – contact the school office on 0161 224 1269

Justification

Chapel Street Community Primary School believes that Physical Education, experienced in a safe and supportive environment, is vital and unique in its contributing to a pupil's physical and emotional development, health and wellbeing. All pupils will benefit from a Physical Education curriculum, which motivates them to succeed and participate in sport, games, exercise and other physically demanding activities. Our curriculum aims to provide for pupils', increasing self-confidence through an ability to manage themselves successfully in a variety of situations. It will offer good and appropriate opportunities for pupils to develop a wide range of physical skills, knowledge and understanding to promote their health and fitness. A balance of individual, team, co-operative and competitive activities aims to cater for individual pupil's needs and abilities. Our curriculum is based on progressive learning objectives which, combined with varied and flexible teaching styles, endeavour to provide appropriate, stimulating, challenging and enjoyable learning situations for all pupils. Through physical education, they will have opportunities to compete in sports, games and other activities, which build their character and help to embed values and qualities such as determination, endurance, perseverance, fairness and respect. As a school, we believe this understanding involves thinking, selecting and applying skills and promotes positive attitudes towards a healthy lifestyle which will enable the children we teach to make informed choices about physical activity throughout their lives.

Intent

1. To provide an inclusive and diverse curriculum to meet the needs of all children and Chapel Street Primary School.
2. To Help children become physically active and to help them understand the importance of physical activity in promoting a healthy active life.
3. To promote positive attitudes towards health, hygiene and fitness.
4. To teach children about safety when they are near water.
5. To help children develop appropriate skills as they participate in a broad range of physical activities.
6. To give children the opportunities to enjoy and engage in competitive sports, games and other co-operative physical activities, in a range of increasingly challenging situations.
7. To develop a sense of fair play and sportsmanship.
8. To help children develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.
9. To develop communications skills, encouraging the use of correct terminology, to promote effective cooperation.
10. To teach all children to swim and to life-save.
11. To foster an enjoyment and positive attitude for the subject.
12. To help children understand the knowledge behind performing a physical skill.

Implementation

1. We will use the National Curriculum for Physical Education and the 'Statutory framework for the Early Years Foundation Stage' to underpin our teaching and learning.
2. In each year group progressive aspects of the curriculum are taught, revisiting strands in order to develop and reinforce knowledge, understanding and skills and develop positive attitudes towards PE.
3. We will teach children how to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.
4. We will provide opportunities for children to participate in team games and competitive games which will be modified where appropriate and apply basic principles suitable for attacking and defending.
5. We will provide opportunities for children to enjoy modern dance and to perform dances using simple movement patterns.

6. Pupils will be taught to apply and develop a broad range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
7. Appropriate physical activities will be used to develop flexibility, strength, technique, control and balance through athletics and gymnastics.
8. Children will take part in appropriate outdoor and adventurous activity challenges both individually and within a team.
9. Pupils will be encouraged to compare their performances with previous ones and demonstrate improvement to achieve their personal best.
10. Before they leave school they will be taught to swim competently, confidently and proficiently over a distance of at least 25 metres using a range of strokes.
11. Pupils will be taught to perform safe self-rescue in different water-based situations.

Impact

Through our Physical Education curriculum pupils will develop an understanding of how to develop and improve their knowledge, skills and understanding of Physical Education in different physical activities and sports and learn how to evaluate and recognise their own success. They will enjoy communicating, collaborating and competing with each other as they exercise their bodies and build their skills.

Cross Curricular Links

Physical Education is seen as a tool to be used as appropriate throughout the curriculum to support and enrich children's learning and well-being. Chapel Street Community Primary School will identify opportunities for the practical use of experimentation vocabulary when learning about heart rate or burning calories; to reinforce these, important science related vocabulary will be embedded during PE classes. Social skills will be developed through competitions, and extra-curricular clubs to enable children to work as a team and build up their resilience skills. Mathematical skills will be developed through providing many opportunities for pupils to practice counting in multiples. Pupils will also be given points for completing different tasks. As the points add up, students will need to use basic maths skills to compute their score. Another skill that is easy to incorporate is pattern building. This can be done as station work or as part of creative relay races. There will be a strong link with computing as the curriculum incorporates the use of iPads and other recording equipment to allow pupils to assess and record their current learning and use this as an informative tool to improve their skill and knowledge ability.

Planning/Curriculum Content

The long-term Physical Education curriculum and Program of Study by the school covers all areas of activity outlined in PE National Curriculum 2014. In each year group progressive aspects of the curriculum are taught, revisiting strands in order to develop and reinforce knowledge, understanding and skills and develop positive attitudes towards PE. To support the planning and teaching of PE at Chapel Street Community Primary School, we use the GetSet4PE scheme. This provides medium term plans that ensure coverage of the required attainment areas specified in the National Curriculum 2014 and the school has a range of quality support materials to support the delivery of these objectives. Short term planning is structured to include the learning objective, main teaching input, tasks and activities, computing links, plenary and evaluation. Evaluations of children's learning within the lesson will be considered for future planning and assessment.

In Early Years, our curriculum is written in accordance with the 'Statutory framework for the Early Years Foundation Stage' and Development Matters. The curriculum area of PE is within the Physical Development area of learning. In Reception, children participate in weekly PE lessons following the GetSet4PE scheme, Nursery follow an adapted version of the Foundation 1 planning as appropriate. Across the Early Years, children have access to a variety of resources to support continued exploration, investigation and discussion during continuous provision, this includes a

focus on Fine and Gross Motor skills. The EYFS outside provision allows for children to climb, hang, pull up and balance along a variety of resources to support children developing their core strength and gross motor skills. Children are provided with plentiful opportunities to develop fine motor skills.

Recording and Assessment

Assessment of the quality of children's work and rate of progress is based on teacher's careful observations of lessons. The subject leader will regularly assess the quality of planning and assessments against medium term objectives. The subject leader will also regularly observe a number of lessons to ensure high quality teaching and learning and appropriate standards of performance and progression. At the end of each term an assessment activity is planned to allow the children to demonstrate what they're able to do, this also runs alongside evidence obtained within lessons throughout the term. The outcome of this activity, along with the teacher's ongoing assessments provides the teacher with a 'best fit' standard for the unit. This is repeated for each term with a best fit standard being given at the end of the year. Each class teacher keeps photographic and video evidence of children's work.

Resources

Chapel Street Community Primary School has access to a main hall, a grassed playing field and an outdoor playground. The school has a wide range of equipment including, portable football goals, portable and fixed gymnastics equipment, mats and benches. Equipment is checked regularly and stock replenished following regular audits. We work closely with a nearby leisure centre, Arcadia Library & Leisure Centre, where we use their swimming pool for weekly swimming lessons in KS2.

Professional Development

On-going professional development is funded to ensure that standards of delivery are constantly improving. Through the School Sports Co-ordinator Program, local coaches work alongside teachers to ensure a high standard of teaching in these sporting areas. The PE Co-Ordinator will be available to offer support for colleagues in all aspects of the curriculum.

SEN and Equal Opportunities

Chapel Street Community Primary School will provide for children with special needs with a curriculum which allows for appropriate differentiation. This may be by outcome, task, resources, support, interest or ability grouping as appropriate. Children with special needs will be included in any physical education lesson. If an activity or series of lessons needs to be differentiated to facilitate inclusion, the teacher may do this in consultation with the subject leader and SENCo.

Children with English as an additional language including INAs

We will aim to ensure that children who have English as a second language will be given extra support, as necessary, in class to enable them to gain the knowledge, understanding and skills set out in the programs of study.

Health and Safety

The school follows the guidelines set out by the Association for Physical Education and British Association of Advisors and Lecturers in Physical Education for health and safety. In addition, the school has in place its own PE Guidelines, including those for ensuring high standards of health and safety. This document is adhered to throughout the school.

